

Rotary Club of Calcutta Sutanuti

PRAYAS

TRI-MONTHLY BULLETIN

ISSUE 167

JULY'25 - SEPTEMBER'25



RTN. FRANCESCO AREZZO
RI PRESIDENT, RY 25-26



RTN. DR RAMENDU HOMECHAUDHURI
DISTRICT GOVERNOR RID 3291, RY 25-26



RTN. SURANJANA BASU DAS
CLUB PRESIDENT, RY 25-26

PRESIDENT'S SPEECH



Fellow Rotarians,

As we embark on our journey in the New Rota Year 25-26 I am most honored and humbled to be elected President of Rotary Club of Calcutta Sutanuti 2025-26, and with the help and support of my Board members and fellow Club members, I will do my best to meet the challenge. Our club has been built on a strong leadership foundation, and I am fortunate to have a membership that is fully committed to the Rotary ideal of Service Above Self, and continues to go the extra mile in building the club, and carrying out the many worthwhile projects that we undertake for the benefit of our community. There are many needy people throughout our community and the world. Let us all get ready to make their lives better in any way that we can. Let us lead the way as Rotary shares its legacy of "Service Above Self" and "Unite for Good". Happy New Rota Year to all of you.

RTN. SURANJANA BASU DAS
PRESIDENT (2025-26)

SECRETARY'S SPEECH



Dear Club Members,

I am truly privileged and proud to have the opportunity to serve our society as Secretary of Rotary Club of Calcutta Sutanuti for the Rotary Year 2025-2026.

I am deeply indebted to all board members as well as all the Past Presidents of our Club. Their hard work and unwavering desire to serve have laid the strong foundation of our club upon which the ceremonious proceedings of PRAYAS are set to happen.

While our Commitment to serving society under Rotary International 's Seven Focus Areas will Continue, this year, we have a special aim to make significant and impactful efforts under the leadership of President Rtn. SURANJANA BASU DAS towards building more compact & humon touch club & under leadership of Our Honourable District Governor Rtn Ramendhu Home Chowdhury towards eradication of thalassemia from our Mother Earth.

I strongly believe that the unity of 3H (Head, Hand & Heart) is of utmost importance to achieve any goal. We begin this year in Rotary with a clear message " Unite for Good", so friends and fellow Rotarians, let us " Unite for Good" and have a wonderful and eventful Rotary Year 2025-2026.

I wish you all Peace, happiness, and Good health.

RTN. DEBAPRIYA DATTA
SECRETARY (2025-26)



EDITOR'S DESK

As we close the chapters of July and August, it gives me immense joy to reflect on the incredible journey we've undertaken together over the past two months. This period has truly been a celebration of service, unity, and achievement—each project a milestone, each initiative a testament to our unwavering commitment to creating meaningful impact.

Our members have worked with inspiring dedication across a wide spectrum of causes. The launch and successful execution of Project Thalassemia brought attention to a condition often overlooked, showing our commitment to health awareness and preventive care. Similarly, the Cancer Awareness Campaign stood as a powerful initiative, reaching out with vital knowledge, compassion, and support to those who need it most. Your efforts here have not only informed but inspired hope in many lives.

In the realm of education, our Scholarship Program has been a shining beacon. By supporting young minds in pursuit of their dreams, we are not only offering financial assistance but also reinforcing the belief that education is the most empowering force for change. These scholarships are not merely transactions—they are investments in brighter futures, and your role in making them happen deserves the highest appreciation.

One of the most heart-touching initiatives of this season was our Rakshabandhan celebration at the fire station. In tying rakhis to our brave firefighters, we honored their courage with a gesture of love and gratitude. It was a beautiful reminder that service comes in many forms—and sometimes, the simplest acts leave the most lasting impressions.

Adding a crowning glory to all these efforts was our collective recognition at the District Awards Ceremony. To be celebrated at such a prestigious platform is no small feat. These awards reflect not just the quality of our work, but the passion, discipline, and teamwork that fuel everything we do. A heartfelt congratulations to all the winners—you've set a high bar for excellence, and we couldn't be prouder.

As we look ahead, let us carry forward the same energy, purpose, and compassion into the coming months. Every project we take on, every life we touch, adds to a legacy of impact that grows stronger with time. Let this edition be both a celebration of what we've achieved and a motivation for what lies ahead.

IN ROTARY SERVICE,

RTN. SWAGATALAXMI NALUI
EDITOR (2025-26)



Rotary Talks

A Service Above Self: A Glimpse Through the Upanishads.



The Rotary International motto, "Service Above Self," finds a profound resonance in the ancient Indian philosophical texts known as the Upanishads. While Rotary's principles are rooted in modern humanitarianism, the spirit of selfless service is a core tenet of Upanishadic thought. The Upanishads, which are part of the Vedas, delve into the nature of reality, the self (Atman), and the universal spirit (Brahman). They teach that true happiness and liberation are found not in material possessions or personal gain, but in recognizing our interconnectedness with all beings.

The Rotary Guiding Principles

Rotary's guiding principles are encapsulated in The Four-Way Test and the Avenues of Service. These principles are designed to guide Rotarians in their personal and professional lives, ensuring that their actions are ethical and beneficial to all.

The Four-Way Test:

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and better **FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?

Avenues of Service:

- Club Service: Strengthening the club.
- Community Service: Serving the local community.
- International Service: Promoting peace and understanding globally.
- Vocational Service: Upholding high ethical standards in one's profession.
- Youth Service: Empowering and developing young leaders.



The Upanishadic Connection:

The Essence of Selfless Action

The Upanishads provide a philosophical foundation for the principle of "Service Above Self" by emphasizing the concept of oneness. They teach that the individual self (Atman) is a part of the universal self (Brahman), and therefore, harming or neglecting others is, in essence, harming oneself.

The Isha Upanishad states, "All this, whatsoever exists in the changing universe, is covered by the Lord." This verse suggests that a divine presence permeates all things. Serving others is thus not an act of charity, but an act of reverence and a way to realize one's own divine nature. When we serve, we are not serving another but are serving the universal self that resides in everyone.

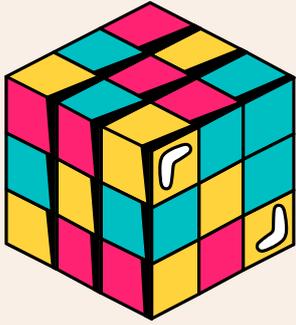
The concept of karma yoga—the path of selfless action—is also central to this connection. The Bhagavad Gita, which draws heavily from Upanishadic teachings, emphasizes acting without attachment to the results of one's actions. The focus is on the act of service itself, not on the reward or recognition it might bring. This aligns perfectly with Rotary's principle of "Service Above Self," which encourages action for the greater good, free from personal motives.

In conclusion, the Rotary guiding principles and the ancient wisdom of the Upanishads share a common thread: the belief that true fulfillment comes from transcending the ego and dedicating oneself to the welfare of others. They both teach that a life lived in service is not only beneficial to the world but is the very path to understanding one's true self.



Penned by-
PP Rtn. Anjan Ray
Club Advisor- 2025-26.





PERSPECTIVE (MY OUTLOOK ON LIFE).

As I reminisce about the past, I am struck by the rejuvenating power of time. The COVID-19 pandemic was a pivotal moment that tested my resilience and forced me to confront my introverted nature. The lockdown period was a dark time, filled with feelings of isolation and disconnection from friends and social life, yet I realize that this experience was a crucible for growth.

The pandemic's impact was profound, affecting not just me but also those around me. Quintessentially, I have noticed significant changes in my friends' - some positive and some negative- but all ultimately contributing to them positively. As for me, the experience strengthened my resolve, taught me valuable lessons, and fortified me against future challenges. What is interesting is that it's not the positive outlooks that have had the most impact on me, but rather the negative ones. Embracing my struggles and confronting my flaws has been a transformative experience. It has allowed me to develop a more nuanced understanding of myself and the world around me. Reflecting on my journey, I am reminded that personal growth is often forged in the fire of adversity.

The pandemic was a trial by fire that forced me to confront my limitations and emerge stronger. As I look back on the person I was before, I am struck by the realization that 'that was me'. I have come to appreciate the power of time to shape us, to mould us, and to transform us into the best version of ourselves.

What now hits me the most is that myself that I see now is disparate beyond words. In my eyes I have grown more aplomb. It truly is astonishing how the human nature when kept juxtapose before and after a crisis can grow so much- not only physically, but rather more mentally.

Somenil Chakraborty
Khalsa Model Senior Secondary School
School club Sgt. At Arms





PROJECT PRAYAS

In quiet lanes where dreams grow faint,
Where life is hard, and hopes feel quaint,
A spark arrives, both warm and bright,
Project Prayas, a beam of light.
It brings the books, the hands that guide,
The faith that walks right by their side,
Not just in lessons, but in song,
It teaches hearts to grow up strong.
Each child a star, each dream a flame,
No wall too high, no fate the same,
With every step, new doors unfold,
A story braver than ever told.
And in its core, a promise true,
That love and effort can renew,
A world where every voice can rise—
That is the heart of Prayas' skies.



THE LOOM OF TIME

Time is a weaver, unseen at the loom,
Spinning our hours in a silent room.
Each strand is a heartbeat, fragile, thin,
Woven with choices, the lost and the wins.
It does not ask, it does not wait,
It braids both mercy and sealed fate.
The fabric grows, both torn and whole,
Stitched with beginnings, hemmed by the soul.
A seed in winter may dream of spring,
Yet the frost still bites while the blackbirds sing.
For time is the gardener—gentle, severe—
It prunes with sorrow, it blooms with cheer.
Some chase its shadow, some flee its light,
Some waste the dawn to hunger at night.
But the wise will drink from its fleeting stream,
Knowing each drop is a vanishing dream.
When the last stitch pulls, the cloth will fall,
No hourglass left, no echoes to call.
And what remains, when the sands have fled,
Is not what we owned—but the lives we led.



Page Collaboration by :
Sayan, Sagnik Manna,



**HAPPY
BIRTHDAY**

July

15th- Rtn. Debopriya Dutta
18th- Rtn. Shuka Mukherjee

August

5th- Rtn. Abir Mukherjee

September

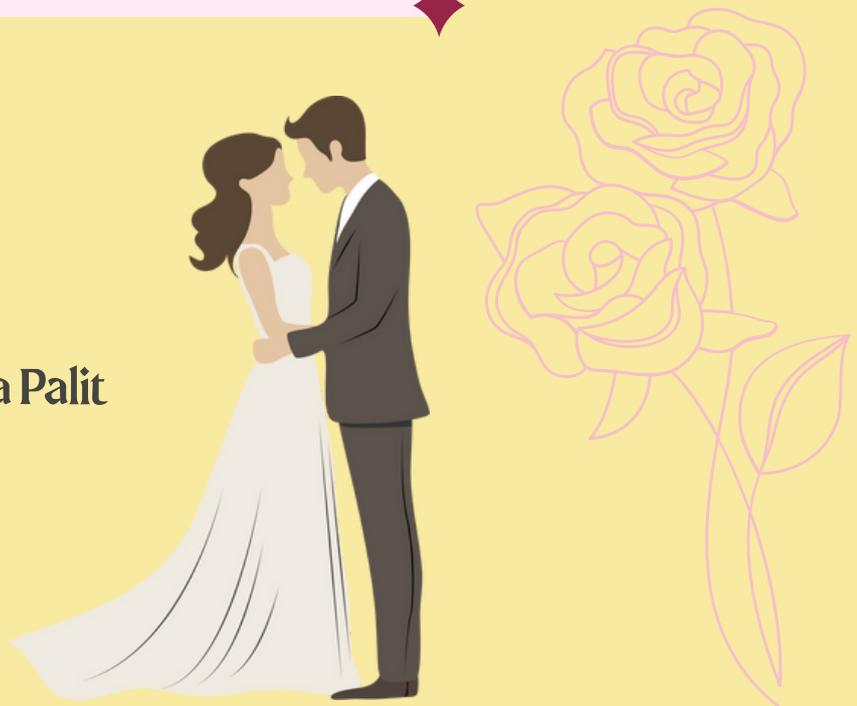
3rd- Subho Bhardwaj



**HAPPY
ANNIVERSARY**

July

7th - Rtn. Dilip Palit & Sushama Palit



Service Projects



26.06.25- ABHISHEK-17TH INSTALLATION



02.01.25- RAISING AWARENESS AGAINST SPREAD OF THALASSEMIA AT BALLY BANGASISHU BALIKA VIDYALAYA



09.07.2025- RAISING AWARENESS & SCREENING CAMP AGAINST SPREAD OF ORAL, LUNG & PROSTATE CANCER AT PRESIDENCY CORRECTIONAL HOME, PRESIDENCY JAIL, ALIPORE

Service Projects



11.07.2025- HANDING OVER 2 SEWING MACHINES AT RCC BARASAT TRANS GENDER KINNAR DEVELOPMENT



27.07.2025- EDUCATIONAL SCHOLARSHIP PRESENTED TO 3 BENEFICIARIES



27.07.2025- HANDING OVER OF SEWING MACHINE AND VAN RICKSHAW UNDER DISTRICT GRANT 24-25 AT RCC BAZAR PATHER DISHA

Service Projects



02.08.2025- 4TH INSTALLATION CEREMONY OF INTERACT CLUB OF KHALSA AT KHALSA MODEL SENIOR SECONDARY SCHOOL



09.08.2025- RAKSHABANDAN AT SHREEBHUMI SPORTING CLUB WITH HONBLE MINISTER



09.08.2025- RAKSHABANDAN AT LAKE TOWN FIRE STATION

Service Projects



30.09.2025- THALASSEMIA AWARENESS AT KHALSA MODEL SENIOR SECONDARY SCHOOL BY DR. LALITA CHATTERJEE



11.09.2025- AN AWARENESS AND SCREENING SESSION ON BREAST & CERVICAL CANCER AT MANASI HALL SANTOSH PUR IN ASSOCIATION WITH RCC LAKE GARDENS WOMEN & CHILDREN DEVELOPMENT CENTRE AND NETAJI CANCER RESEARCH INSTITUTE.



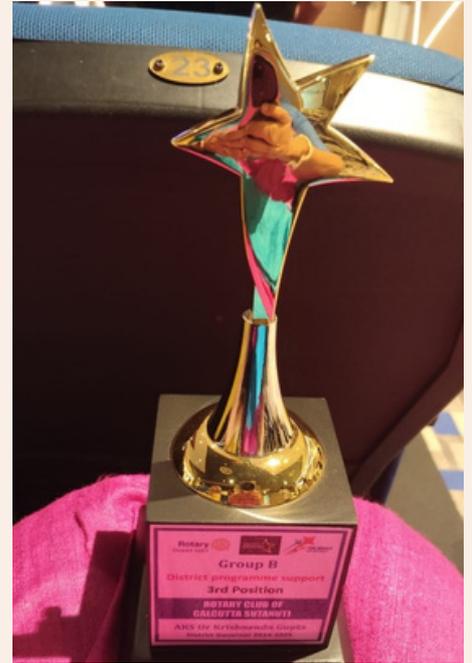
Awards



**Diversity Equity Inclusion (3rd Gender)
1st Position**



**Disease Prevention & Treatment
2nd Position**



**District Programme Support
3rd Position**



**Individual Recognition to
Rtn. Anjan Ray
&
Rtn. Suranjana Basu Das**



Service Project -Participation with District and Rotary Clubs



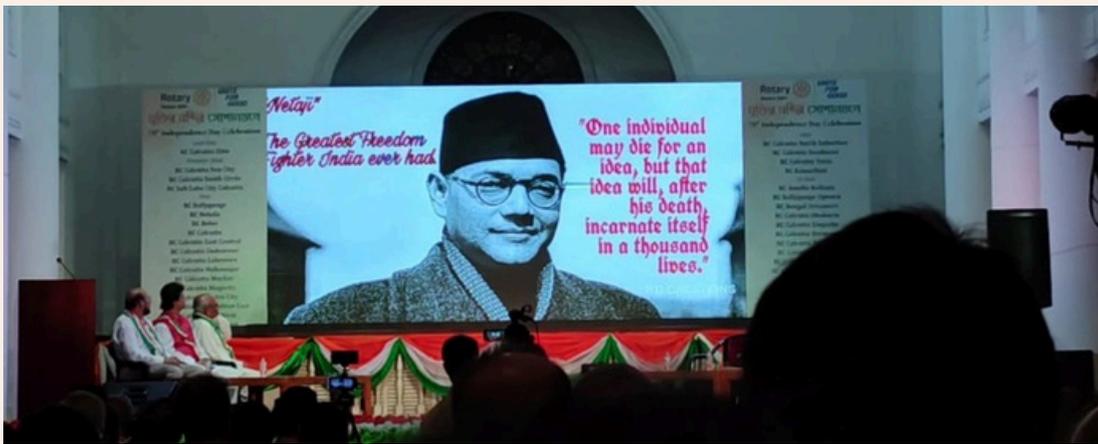
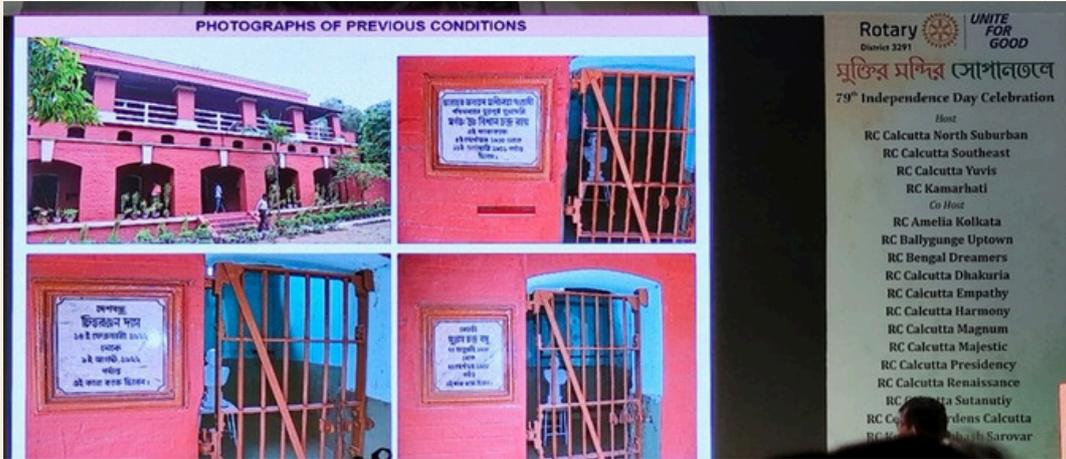
The glimpses of the inauguration and other sessions of RLI Part -I & II, July'25.



**ROTARY CLUB OF CALCUTTA SUTANUTI HAS BEEN ONE OF THE
CO-HOST OF RLI**

Service Project

-Participation with District and Rotary Clubs



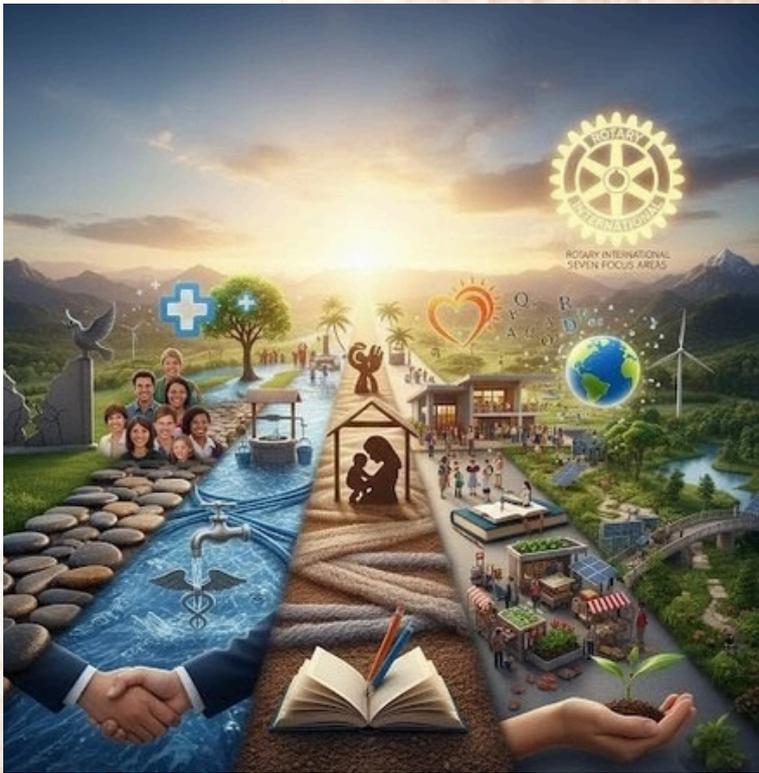
PARTICIPATED AS ONE OF THE CO-HOST OF THE DISTRICT INDEPENDENCE DAY CELEBRATION

Service Project

-Participation with District and Rotary Clubs



PARTICIPATED AS ONE OF THE CO-HOST CLUB OF THE EMPATHY SHAROD SAMMAN 2025 - THE DISTRICT INITIATIVES



“When Rotary serves through its seven focus areas, Service Above Self becomes not just a motto, but a movement of compassion that transforms the world.”

THIS BULLETIN IS FOR PRIVATE CIRCULATION ONLY

We meet every 2nd and 4th Saturday at 7.00p.m

Meeting Venue : CJ-100, Saltlake Sector II, Kolkata-700091

You may reach us at:

📍 11' Old Post Office Street, Left Gate, 3rd Floor, Kolkata- 700001



rotaryclubofcalcuttasutanuti@gmail.com



rotary_calcuttasutanuti